

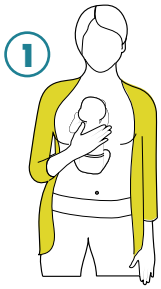


Closest to Mom. Best for Baby.™

The NÜROO POCKET

INSTRUCTION BOOKLET

HOW TO WEAR YOUR NÜROO POCKET IN THE NICU



PUT ON YOUR NÜROO

Open all closures and put the shirt on. While receiving assistance during a standing or seated transfer, position baby vertically, high up on your bare chest.



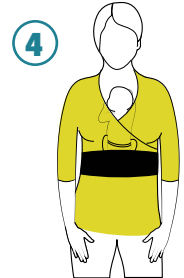
OPTIONAL

If baby is connected to any line, leads or ET Tube, do not place baby's legs in the pocket. All equipment should be able to freely exit through bottom of the shirt. Secure closure at inseam of garment.



CROSS + HUG

Wrap right side to left seam closures for your perfect fit. Check that baby's shoulders are above your breasts, head is turned to one side and face is unobstructed by fabric or breast tissue.



SUPPORT BELT

To use as a hands-free infant carrier, baby's legs should be positioned in the inside pocket, after following step 3, place belt under baby's bottom and fasten around you, securing closure around the back.

Visit nuroobaby.com for an instructional video + more how-to photos.

SAFETY CHECK

Baby Should Always Be Visible and Kissable

- Look »** Always ensure that baby's nose and mouth are visible and chin is not resting on baby's chest. Baby's head should be turned to one side, resting on wearer's chest.
- Listen »** Make sure baby is breathing comfortably.
- Feel »** Baby's legs should be bent at the knees and frogged against your skin, as well as full chest to chest contact, with baby's arms out stretched.

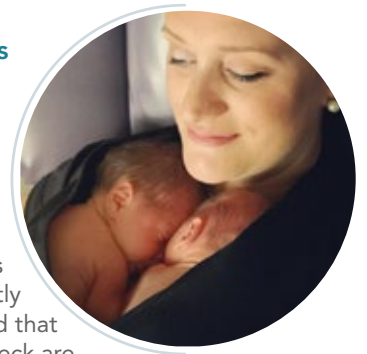
ET Tube or Critical Lines can be secured by use of our tubing clip to the top shoulder seam.



Lines or leads can easily exit through the bottom of the garment without needing to be manipulated or disconnected.

Room for Twins

Mom's breasts are able to independently regulate baby's temperature. Always ensure that each baby is positioned directly over a breast and that their head and neck are supported within the garment's neck line.



Seek advice from a healthcare professional for pre-term babies.

INTENDED FOR
SINGLE
TERM USE

Garment not to be passed on, consigned or used with subsequent babies.



Care Instructions: Machine wash in cold water + tumble dry on low heat. Always be sure to fasten all hook and loop closures prior to washing and drying. The fabric on the belt will stretch after multiple wears, wash and dry to reduce stretch.

HELPFUL HINTS FOR FOR AT HOME USE

Taking baby out of the shirt is super easy. No need to take shirt off. In one simple motion, reach in through the top of the neck line and lift baby under the armpits, while supporting baby's head and neck, and pull baby up + out.



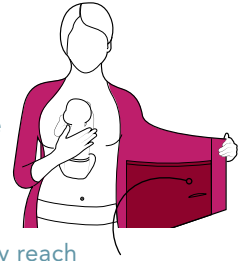
If breastfeeding, during the beginning weeks always feed baby first prior to placing her in shirt. This will allow for less breast milk leakage while wearing baby.



When wearing the shirt while resting in bed, no support belt is needed. Make sure you are semi-reclined or propped up by pillows. Never lay flat, as it makes baby work harder to breathe.

TAKE *special* NOTE

Research proves baby's pain perception is reduced when held Skin-to-Skin. The slit on the inside pocket allows access to their foot or leg for routine procedures during doctor's visits, such as a heel stick or immunization. Simply reach in through the hole, find baby's foot and guide the opening up their leg.



CALLING *all* DADS!

You too can practice skin-to-skin and offer powerful benefits to baby's growth and development. Keep in mind that baby should not lay on your skin longer than 90 minutes, as dad's body cannot regulate baby's body temperature like mom's.



Learn the science behind why baby loves being on your skin at nuroobaby.com

FOR BABY'S SAFETY



WARNING:
FAILURE TO FOLLOW THE MANUFACTURER'S INSTRUCTIONS CAN RESULT IN DEATH OR SERIOUS INJURY.

SUFFOCATION HAZARD

Ensure the infant's face is above the fabric, visible and free from obstructions at all times. Babies at greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age. Ensure the baby does not curl into a "C" position with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth. Never lay flat while wearing baby. Always be inclined 45 degrees or resting on 3 pillows.

FALL HAZARD

Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving. Follow the manufacturer's recommended weight range, 3-25 lbs, when using this carrier. Never use this carrier with a pre-term infant without seeking the advice of a healthcare professional.

IMPORTANT!

KEEP FOR FUTURE REFERENCE

Read and follow all printed instructions and view instructional videos, which are available at nuroobaby.com, before use.



YES

Baby vertical. Chin up, face visible, nose and mouth unobstructed. Baby's head turned to one side.



NO

Baby is too low. Belt position should never be across baby's back, but rather under their bottom.



NO

Baby is curled and does not have full chest contact with wearer. Baby's face is not visible. Baby's chin should never rest on baby's chest.

WARNING

- Examine your NüRoo Pocket before each use for wear and tear, including ripped seams, torn fabric or worn hook/loop closures.
- Wearing baby in The NüRoo Pocket requires diligence on the part of the caregiver.
- Ensure that the baby is safely positioned in the carrier according to The NüRoo Pocket instructions for use.
- Never leave a baby in the shirt that is not being worn.
- Check on the baby often.
- Ensure that the baby is periodically repositioned.
- Keep baby's airway unobstructed and face visible at all times.
- If using The NüRoo Pocket while breastfeeding, always move the baby's face away from the breast after the baby is done feeding and then reposition the baby upright.
- Do not use when balance or mobility is impaired because of exercise, drowsiness or medical conditions.
- Never place more than one baby in The NüRoo Pocket. Never use more than one NüRoo Pocket at the same time.
- Do not use The NüRoo Pocket while engaging in activities such as cooking and cleaning, which involve a heat source or exposure to chemicals.
- Never wear The NüRoo Pocket while driving or being a passenger in a motor vehicle.
- Your balance may be adversely affected by your movement and that of your child.
- Take care when bending or leaning forward.
- This carrier is not suitable for use during sporting activities.



visit us at nuroobaby.com



Scan for product demo.

hello@nuroobaby.com • 800-843-4395

Model #'s: 08000, 08010, 08020, 08030, 08040, 08050, 08090

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